

Katy

Age: 9

1 Session of Vision Therapy

### **Vision Therapy is Changing My Life**

Before vision therapy I became tired easily from reading. I sometimes skipped words when I read. This made it hard for me to read books. I couldn't really get into the story. When choosing a book to read, I used to look at how many words were on a page but I don't any more. I also would look for ways to keep myself entertained during silent reading. Now I stay focused.

Now I'm able to read chapters in my book much faster. I recently started a new book in school, "The Wizard of Oz". The first day I read it I got to chapter five. I was interested in the book (before finishing VT) but the first time I tried to read the book I got distracted. I was not able to fully understand what was going on so I became bored and stop reading it. This time, I really enjoyed the book because I was able to read it faster and I didn't get tired. I understood the characters and the setting right away. Usually when I would read a book I'd forget the beginning and all the details because it was so much work. Now reading comes easier. I can read better in my head now. I'm also one of the best in my math class. Also, I got all excellent grades on my report card for the first time.

I really like how the therapist explained what to do at home. I liked how they gave us challenging games in the office. They were encouraging. One time we were trying to find something in a game and I got a candy prize for winning. They were always on the positive side. It made me want to do my best.

Since starting vision therapy I notice a difference in myself. I'm faster and it makes me feel good. I especially love to read all together in class. Thank you Brighter Future Vision Clinic.