

<p>Eye Spy on a Walk or Hike!</p> <p>Create a list of ten things to look for while you are gone and see how many you can find. Examples: "Something larger than your hand." "Something Shiny" Or "An animal home"</p>	<p>Blow Bubbles!</p> <p>Make sure to pop them with just your finger! This is a great depth perception activity, as long as you don't just swing your arms. No monkeying around with this one!</p>	<p>Mini Golf!</p> <p>Grab a few balls and create a mini-golf course in your yard. Can you get a hole in one?</p>	<p>Balloon Volleyball</p> <p>Blow up balloon, draw letters or pictures with a permanent marker and take turns calling out what you see while hitting it back and forth. How many times can you keep it in the air without letting it drop? Make them water balloons for more fun or alternate hands when throwing/catching.</p>
<p>Obstacle Course</p> <p>For example: Search for a puzzle piece in a rice bin, climb over the couch, through a tunnel, over a table, and place the puzzle piece into the puzzle. What other ideas can you come up with?</p>	<p>Flashlight Tag</p> <p>Each person takes a flashlight and take turns shining the light on objects up on our wall. You can also play "tag" by putting two different colored filters or cellophane on each of the flashlights and then "chase" the lights. This is really fun in the dark!</p>	<p>Out and About Alphabet</p> <p>Take a walk through town or your neighborhood and see how many letters of the alphabet you can find. Or pick a letter and see how many times you spot it. Where is the silliest place you found a letter?</p>	<p>Word Search</p> <p>Print off a word search puzzle from the internet (or make your own) and see how fast you can find the words. You can even race against another family member!</p>
<p>Play a Sport</p> <p>Tennis or badminton anyone? What about golf or baseball? It doesn't have to be competitive, just have fun!</p>	<p>Follow the Leader</p> <p>Pick a new place near your home that is close enough to walk to or ride a bike. Print a map of your route from online, and you get to be the leader. Make sure to bring the map along. You get to show the way!</p>	<p>Play a Card Game</p> <p>"Spot It" is our favorite! Other options include "Memory," "Go Fish," or just sorting cards by shape, color or number.</p>	<p>Sort It</p> <p>Help a parent match socks or organize a pantry with like objects together. You could even organize the toys or clothes in your room. Just decide on a method and go for it!</p>
<p>Build It</p> <p>Play that involves building objects can help with spatial awareness. You can use Legos, blocks or even things like toilet paper rolls and cereal boxes. Don't forget to tell the story of your building!</p>	<p>Do a Puzzle</p> <p>Break out all those puzzles in the back of your closet, swap with a neighbor, choose your favorite app, or do an online puzzle.</p>	<p>Clue</p> <p>This is a twist on 20 questions. Grab a partner and take turns hiding something then giving each other clues to locate it. Can you stump your partner? How many clues did you need before you got it?</p>	<p>Park Paint</p> <p>Grab some paints, paper, or canvases and head to the closest park. Once you find the perfect spot, sit down, look around and then paint what you see. Is there a slide in the background or a bird off to the side? You can even make it a picnic!</p>